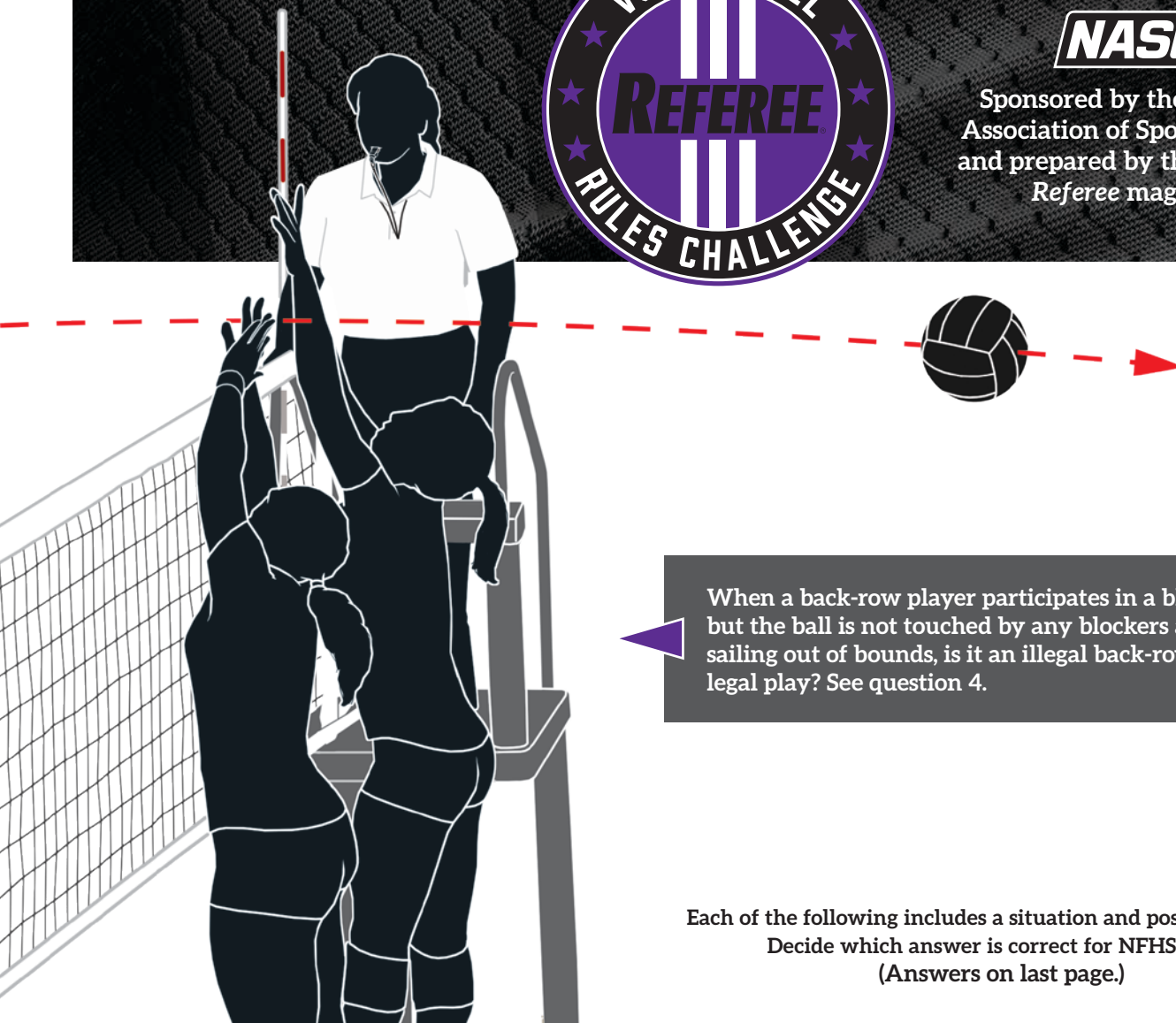




**NASO**

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When a back-row player participates in a block attempt, but the ball is not touched by any blockers and ends up sailing out of bounds, is it an illegal back-row block or a legal play? See question 4.

Each of the following includes a situation and possible answers. Decide which answer is correct for NFHS rules. (Answers on last page.)

**1** During play, team A's head coach is standing beyond the endline and four feet off the sideline extended to provide instruction to the team.

- a. Legal. Beyond the endline, there is no requirement to be off the sideline extended.
- b. Illegal. The head coach must be a minimum of six feet off the sideline extended during play.
- c. Illegal. The head coach must be a minimum of 10 feet off the sideline extended during play.

**2** After the first point, both the head coach and one assistant coach stand up to give instruction to the team. As the first referee authorizes service, both coaches return to their seats. After the next rally is completed, the head coach and a different assistant coach stand to give instruction.

- a. Legal.
- b. Illegal. Only the head coach may stand and give instruction during a dead ball.

c. Illegal. The head coach must designate one assistant coach per match who is allowed to stand during dead-ball situations to give instruction.

**3** During warmups, the referees notice one team A player wearing post earrings, another wearing hoop earrings and a third wearing a commemorative rubber bracelet on the wrist.

- a. All jewelry is legal

and the referees should allow players to continue warming up.

b. All jewelry is illegal and the referees should notify the team A coach that all jewelry must be removed.

c. The referees should notify the team A coach that the hoop earrings and commemorative bracelet are illegal and shall be removed, but they should allow the post earrings as those are legal.

# 2023 VOLLEYBALL REFEREES QUIZ

**4** A1 jumps and attacks a ball over the net. B2, a front-row middle, and B3, a back-row setter, both jump to try to block the ball. The ball, however, is not touched and lands out of bounds on team B's side of the court.

- a. Illegal back-row block by B3, loss of rally/point awarded to team A.
- b. Legal play, team B wins the rally and the point.

**5** A1 jumps and attacks a ball over the net. B2, a front-row middle, and B3, the libero, both jump to try to block the ball. The ball, however, is not touched and lands out of bounds on team B's side of the court.

- a. Illegal back-row player fault by B3, loss of rally/point awarded to team A.
- b. Legal play, team B wins the rally and the point.

**6** A1 serves the ball over the net. B2 makes first contact with the ball, sending it to an overhead obstruction on team B's side of the court. The ball ricochets off that obstruction, which is over playable area but outside the court, and returns toward the court. B3 makes the second team contact with the ball and sends it over the net to team A's side of the court.

- a. Legal. Play continues.
- b. The ball is out of play once it hits the overhead obstruction. Loss of rally/point awarded to team A.
- c. The first referee should whistle and signal a replay.

**7** A1 touches the ball for team A's second contact. The ball ricochets off A1's arm and strikes a

player on team A's bench. The first referee whistles and signals out of bounds.

- a. Correct procedure. Any ball that lands or touches non-playable area is always signaled as out of bounds.
- b. Incorrect procedure. Any first, second or third team contact that lands out of bounds on that team's side of the net should result in a touch call, regardless if it is in playable or non-playable area.
- c. The first referee may use either signal in this instance and award a loss of rally/point to team B.

**8** A1 makes first contact with a ball and sends it toward the bleachers outside of team A's sideline. A2 stands on the first row of the bleachers, which are five feet from the sideline, and makes contact with the ball for team A's second contact.

- a. Legal. Play continues.
- b. Because A2 does not have any body part in contact with playable area at the time A2 contacts the ball, a loss of rally/point is awarded to team B.
- c. Because the bleachers are less than six feet from the sideline, the first referee should signal a replay.

**9** In the first set, A1 receives a yellow card for minor unsporting conduct. In the fifth set, A1 again displays minor unsporting conduct.

- a. A1 receives another yellow card as cards received for unsporting conduct do not carry over from set to set.
- b. A1 receives a red card as cards received for unsporting conduct carry over from set to set.

c. A1 is given a disqualification as two yellow cards for unsporting behavior automatically result in disqualification.

**10** During warmups, the referees notice A1 is wearing headphones and listening to music while participating in drills.

- a. Legal. There are no restrictions on headphones during warmups, but A1 must remove the headphones for play.
- b. Illegal. The referees should inform team A's coach that A1 must remove the headphones before continuing with drills.
- c. It is the referees' discretion to determine if the headphones pose a hazard and have the authority to decide if A1 must remove the headphones.

**11** During warmups, the referees notice a team A player with beads at the end of long braids. The braids are pulled back and secured tightly to the head with an elastic hair band.

- a. Illegal. Beads are always prohibited due to the potential hazard to other players and must be removed before the player can return to the court.
- b. Legal. As long as the beads are securely fastened and do not present a safety hazard, they may be worn.

**12** A1, a captain, tears an ACL in a previous match and is unable to play. A1 attends the prematch conference while wearing face paint and glitter in honor of senior night.

- a. Legal, provided A1 does not participate in warmups

or try to enter the match. b. Illegal. The referees should inform team A's coach that A1 must remove the glitter and paint before being able to participate in the prematch conference.

**13** The first referee whistles and signals for a serve. The second referee sees a late substitution from the opposing team and blows the whistle.

- a. The ball remains live, the second referee's signal is ignored, the substitute is waived off and play continues.
- b. The ball is dead and the referees allow the substitute to enter the match.
- c. The ball is dead, the substitution is denied and the first referee gives a new whistle and signal for service.

**14** Due to illness, team A travels with only seven eligible players for a match. In the first set, A1 severely rolls an ankle and is unable to play. The only player available to substitute is A7 and team A's coach explains A7 is a subvarsity player and the team would like to play shorthanded.

- a. Team A has the option to play shorthanded, but a loss of rally/point will be awarded to team B every time A1's spot in the service order is reached.
- b. Because A7 is an eligible substitute, A7 must be used to replace A1 and there is no option to play shorthanded.

**15** In the middle of the third set, team B scores six straight points.

# 2023 VOLLEYBALL REFEREES QUIZ

Team A's captain believes team B is out of alignment and asks the first referee to confirm team B's serving order.

a. The referees should honor the captain's request and check the serving order of team A.

b. The referees should deny the captain's request as the captain may only request verification of team B's correct server, but not the entire order.

**16** After winning a rally, A1 is the next legal server. However, the libero, who has not yet served in the set, replaces A2 and immediately goes to the right back position to serve. The referees allow the libero to serve the ball, but immediately blow the whistle and signal the improper server. Later in the set, following a legal replacement, the libero serves in a different position.

a. Legal. Because the initial replacement was not for a legal server, the libero has not yet served and may serve in a different position.

b. Illegal. Because the libero improperly served earlier in the set, the libero is locked into that position and may only serve in that position for the remainder of the set.

**17** While checking team A's lineup, the second referee notices No. 2 is on the court, but No. 22 is listed on the lineup. The second referee notifies team A's coach of the issue and the coach states No. 2 should be the player on the court.

a. The second referee should allow the coach to make the change to the lineup with no penalty.

b. No. 22 must come onto the court and play at least one rally before being substituted for by No. 2 since No. 22 is listed on the lineup.

c. No. 22 must come onto the court and team A has the option of having No. 22 play one rally before being substituted for, with no additional penalty, or may substitute No. 2 into the set for No. 22 before the first serve and team A is charged a substitution.

**18** A1 serves two points. A1 then tosses the ball for service, but lets the ball hit the ground untouched as the toss was a bad one. A1 is awarded a re-serve. After serving five more points, A1 is substituted for by A2. A2 serves two points and then tosses the ball and lets it land before contacting it because of a bad toss.

a. There are no re-serves in NFHS and team B should have been awarded a loss of rally/point when A1 failed to contact the toss initially.

b. A2 should be whistled for a service fault as A1 already received a re-serve during the same service period.

c. A2 should be awarded a re-serve without penalty.

**19** Team A's head coach fails to submit a team's lineup in time before the second set and receives an administrative yellow card for unnecessary delay. Later in the second set, team A is late in returning to the court after a timeout, delaying the set.

a. Team A is given an administrative yellow card for unnecessary delay with no further penalty.

b. Team A is given an administrative red card for

unnecessary delay, a loss of rally/point is awarded to team B and team A's head coach loses the privilege to stand during play.

c. Team A is given an administrative red card for unnecessary delay, a loss of rally/point is awarded to team B, but team A's head coach does not lose the privilege to stand during play.

**20** A1, a back-row player, takes off from in front of the attack line and contacts a ball completely higher than the top of the net. The ball is attacked toward the net where B1, a front-row middle, and B2, a back-row player, jump side-by-side and attempt to block the ball. The ball is touched only by B1 and falls back to the floor on A's side of the net.

a. Legal play, loss of rally/point awarded to team B.

b. Illegal back-row attack by A1, loss of rally/point awarded to team B.

c. Illegal back-row block by B2, loss of rally/point awarded to team A.

d. Double fault (illegal back-row attack by A1 and illegal block by B2), a replay shall be issued.

# 2023 VOLLEYBALL REFEREES QUIZ

# ANSWERS

1

b

(2-1-9, 12-2-5)

6

a

(2-2, 2.2B)

11

b

(4-1-6a, 4.1.6A)

16

a

(6-4-2e, 6.4.2A)

2

a

(12-2-6)

7

b

(2-3g, 2.3C)

12

a

(4-1-8, 4.1.8)

17

c

(7-1-2, 7.1.2B)

3

c

(4-1-7, 4-1 Pen. 1)

8

c

(2-4-2 Pen. 1, 2.4.2C)

13

c

(5-4-3, 5.4.3C)

18

c

(8-1-5, 8.1.5)

4

b

(9-5-1c-1, 9-5-5a, 9.5.5B)

9

b

(12-2-9 Pen. and Note 2; 3.3.1)

14

b

(6-4-5, 6.2.1)

19

c

(9-9-1 Pen. 2, 9.9.1A)

5

a

(9-5-6c Pen.)

10

b

(4-1, 4.1)

15

b

(6-3-2c, 6.3.2B)

20

d

(9-5-4, 9-5-5, 9-7-2 Pen. 2, 9.7.2B)



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