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Is a player allowed to play a ball over non-playable area with one foot in contact with playable area and one foot on a bleacher? See question 7.



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Each of the following includes a situation and possible answers. Decide which answer is correct for NFHS rules. (Answers on last page.)

1 A1 (No. 1) dives for a ball and rips a hole in the jersey. A1's coach calls timeout and sends A1 to the locker room to change into substitute No. 2's uniform.
a. Legal. The roster is changed with no penalty assessed. No. 2 is no longer eligible to play unless No. 2 changes into another legal uniform top, in which case team A is assessed a penalty point (loss of rally/point awarded to the opponent) for correction of the roster.
b. Legal. The roster is changed with no penalty

and No. 2 is no longer eligible to play in the match.
c. Legal. The roster is changed with no penalty assessed and No. 2 may also change into another legal top without penalty.
d. Illegal. A1 may not change into another uniform and must sit out the remainder of the match.

2 Due to an injury after the match starts, team A is playing with only five players. After winning a rally, team A is forced to

rotate. The vacant position is set to be the next server for team A after rotating.
a. The vacant position is skipped and team A rotates again to allow the next server to serve without penalty.
b. The first referee should signal illegal alignment, award a loss of rally/point to team B and team B will serve next.
c. It is illegal for a team to play with five players and team B should be awarded a forfeit win.

3 Prior to the first set, the first referee directs all players, both starters and substitutes, to their respective end lines.
a. Correct procedure. All players listed on the roster may stand on the end line for prematch announcements.
b. Incorrect procedure. Only starting players may stand on the end line for prematch announcements.

4 Team A's libero dives for a ball, rolls an

2024 VOLLEYBALL REFEREES QUIZ

ankle and is unable to continue playing. A1, the replacement player, must return to the court. Team A's coach requests a substitution for A1 before the set resumes with a replay.

a. Legal. A1 must first replace the libero and then the coach may immediately substitute for A1.

b. Illegal. A1 must first replace the libero and remain in the set for the replay before the coach may request a substitute for A1.

5 Which team shall call the coin toss prior to the deciding set?

a. The visiting team.

b. The home team.

c. The first referee may pick either team to call the toss.

6 Music may be played by the host school between points, even if there is no timeout, as long as it is stopped before the first referee whistles for service.

a. True.

b. False.

7 A1 attempts to retrieve a ball near the bleachers. A1 has one foot on the floor and another foot on top of the first row of bleachers while making contact with the ball, which is over the bleachers. A1 plays the ball back to the court and A2 bumps the ball over the net for team A's third contact.

a. Legal. Play continues.

b. The ball is dead the moment A1 touches the ball. The first referee whistles the ball out of bounds, awards loss of rally/point to team B.

c. The ball is whistled dead by the first referee the moment A1 touches the ball and a replay is issued.

8 What is the proper net height for a girls match?

a. 6 feet, 9 1/2 inches.

b. 7 feet, 4 1/8 inches.

c. 7 feet, 11 5/8 inches.

d. 8 feet, 2 1/3 inches.

9 As the referees arrive on site and check the court, they notice the floor has a large mascot in the center of the court that extends into the attack lines. The school has placed a shadow border line as the attack line. This is legal.

a. True.

b. False.

10 Team B receives a hard-driven serve. B1 attempts to pass the ball and the ball ricochets off B1's arm and hits a side-raised vertical backboard over team B's playable area. The first referee should whistle, signal out of bounds and award a loss of rally/point to team A.

a. True.

b. False.

11 During warmups, the first referee notices a player with a post tongue piercing. The first referee should notify the player's coach the tongue piercing is illegal jewelry and it must be removed prior to participating in the match.

a. True.

b. False.

12 During warmups, the referees notice a

player on the court wearing earbuds.

a. Legal. Players may wear musical devices during warmups.

b. Illegal. The first referee should inform the coach to have the player remove the musical device before continuing with warmups.

13 During warmups, the first referee notices players on team A wearing spandex shorts with manufacturer's logos around the waistband in addition to the logo found on the bottom of the leg of the spandex.

a. Legal.

b. Illegal. The first referee should inform the coach to have the player remove the musical device before continuing with warmups.

14 Team A's coach submits a roster that lists the following numbers: 01, 02, 03, 04, 05 and 06.

a. Legal roster. All numbers are legal.

b. Illegal roster. Uniform numbers with a leading zero are illegal and the coach shall be notified that the player's must change into legal uniforms or team B shall be awarded a loss of rally/point to start the match.

15 Team A's libero is injured and is unable to continue. The coach redesignates A1 as the new libero and instructs A1 to change uniform tops into the libero jersey. A1 moves to the end of the bench, removes the uniform top and puts on the libero jersey.

a. Correct procedure.

b. A1 shall be issued an unsporting conduct (yellow card) for removing the jersey while in the playing area.

c. Team A's head coach shall be issued an unsporting conduct (yellow card) for A1 removing the jersey while in the playing area, but the head coach is not required to remain seated during the match.

d. Team A's head coach shall be issued an unsporting conduct (yellow card) for A1 removing the jersey while in the playing area and the head coach is required to remain seated during the match.

16 Team A's head coach requests the team's first timeout with the score 22-24. After team A returns to the court – and before the first referee authorizes service – team A's head coach requests a second timeout. The second referee ignores the request as teams may not take consecutive timeouts.

a. Correct procedure.

b. Incorrect procedure.

17 At the beginning of the second set, team A is assessed an unnecessary delay warning for failing to submit a lineup at least 30 seconds before the expiration of the interval between sets. Later in the same set, team A's coach requests a lineup check after the first referee's whistle for service, which is ignored by the second referee.

a. The team is assessed an unnecessary delay penalty.

b. The team is issued an improper request.

c. No penalty since the request is not recognized by

2024 VOLLEYBALL REFEREES QUIZ

the referees.

d. The team is charged with a timeout.

18 A1 (the wrong server) has served for two points before A1's coach requests a timeout. When the teams return to the court after the timeout, A2 (the correct server) goes to the service position and serves for a point. The scorer then discovers A1 was the wrong server for the first two points.

- a. The two points scored by A1 are canceled, and the point scored by A2 is retained. A2 will continue in the service position.
- b. The two points scored by A1 are canceled, and the point scored by the correct server A2 is retained. The opponent is awarded a point and will serve next.
- c. No points are canceled. Since the correct server served the ball after the timeout, the points scored by the wrong server are "locked in" and A2 will continue to serve.
- d. The two points scored by A1 and the point scored by A2 are canceled. The opponent is awarded a point and will serve next.

19 Team A has one team substitution remaining. Two players come to the substitution zone to enter the court.

- a. Reject both substitutions since only one substitution remains for team A. The team must wait until the next dead-ball period before requesting a proper substitution.
- b. The second referee should remind the coach that only one substitution will be permitted and ask the coach

which substitution will be made. The remaining substitute will return to the bench without penalty.

c. Allow the first substitution. Team A is sanctioned with unnecessary delay and the illegal substitute is denied.

20 While in the front zone, team A's libero contacts the ball using an overhand finger pass (setting action). A1, a back-row player, who is completely behind the attack line, contacts the ball while the ball is completely above the top of the net. The ball lands in the opponent's court.

- a. Loss of rally/point to team A.
- b. Loss of rally/point to team B.
- c. Replay.

2024 VOLLEYBALL REFEREES QUIZ

ANSWERS

1

a

(4-1-1 Note, 7-1-1 Note, 4.2.3, 7.1.1D)

2

b

(1-3-3, 6-2-2, 1.3.3)

3

a

(5-4-3c-1, 5.4.3)

4

a

(11-4-1b, 11.4.1)

5

b

(1-2-4b)

6

b

(1-8)

7

a

(2-4-2)

8

b

(3-1-4)

9

b

(2-1-5, 2.1.5)

10

b

(2-2, 2.2D)

11

b

(4-1-7, 4.1.7A)

12

b

(4-1, 4.1)

13

a

(4-2-1f, 4.2.1G)

14

a

(4-2-4b, 4.2.4D)

15

c

(4-2-7, 12-2-5, 4.2.7)

16

b

(11-2-3)

17

c

(9-9-1p)

18

d

(6-4 Pen. 2a, 8-2 Pen. 1, 8.2.5A)

19

c

(10-3-2, 10-3-7b-3 and Pen.)

20

b

(9-5-6b)



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